

THINK Key Terms, Acronyms and Abbreviations:

ADD - Attention Deficit Disorder – a psychiatric diagnosis for a disorder that shows a pattern of inattentiveness and impulsivity

ADHD- Attention Deficit Hyperactivity Disorder - a psychiatric diagnosis for a behavior disorder, usually first diagnosed in childhood, that is characterized by inattentiveness, impulsivity and hyperactivity

ADM - Alcohol, Drug Abuse and Mental Health – see **SAMHO**

AHCA - Agency for Health Care Administration - the state agency that administers the Florida Medicaid program, including the Prepaid Mental Health Plan in Hillsborough County

Antidepressants – Medications that are used in the treatment of depression, as well as other psychiatric disorders

Antipsychotic – Major tranquilizers that are considered standard treatment for serious psychiatric illnesses such as schizophrenia

Anxiety – Feelings of unease and fear of impending danger characterized by physical symptoms such as rapid heart rate, sweating, trembling and feelings of stress

ASO - Administrative Services Organization – an independent organization whose purpose is to provide administrative support services for the purposes of increasing overall system efficiencies. Indices include: fiscal intermediary, data processing, Human Resources, and management services

Autism – A type of pervasive developmental disorder. It interferes with a person's ability to communicate with and relate to others. It almost always develops before a child is 3 years old and affects how a person perceives and processes sensory information. Autism is a lifelong condition that results in some degree of social isolation.

CAC - Community Advisory Committee – a group of citizens representing various areas around the county that provides the Children's Board with input. The CAC has three major roles: To advise, advocate, and communicate/educate.

CAC - Child Abuse Council - provider member of the Interagency Management Team; partially funded by the Children's Board of Hillsborough County

Capacity Development – Activities and supports aimed at improving quality, increasing quantity or developing diversity in services and service delivery, fostering coordination, collaboration, system integration

Case Coordinator – see Case Management. Interchangeable term with Case Manager

Case Management – Activities aimed at identifying the child and family's assets, needs, assisting the person to access other services and funding sources, planning services,

linking the service system with the person, coordinating the various system components, monitoring service delivery, evaluating the effect of the services received and follow-up.

Case Manager – see Case Management. Interchangeable term with Case Coordinator

CBC - Community Based Care - child welfare services, including foster care, adoption and protective services, is called CBC in Florida. In Hillsborough County, CBC's lead agency is Hillsborough Kids, Inc (HKI)

Child and Family Team - includes those persons who families choose to participate in planning and carrying out a plan to address the child/family problems. The team must include the family and may include the therapists, teachers, friends, neighbors, church members or others

Child/Family Assessment – Process of data gathering from multiple sources to create a comprehensive picture of children and family for the purpose of identifying strengths and needs in order to plan services and support

Children's Board of Hillsborough County (CBHC) – an independent taxing district established in 1988 and dedicated to improving the lives of children and families by developing local prevention and early intervention services. It is a member of the State Children's Services Council.

CHIP - Child Health Insurance Program – a federal lead agency program to insure children of poor and working poor parents. Florida KidCare is Florida's program which includes Medicaid, HealthyKids and MediKids.

CMHS - Center for Mental Health Services - a division of the Substance Abuse and Mental Health Administration of the Federal government funding the THINK project

Community Awareness – Includes events (such as health fairs, information fairs), networking, public education, and advertising and media exposure

Continuity of Care – care that is provided during all services and treatments that provides linkages with necessary partners and resources

CPI - Child Protective Investigation - Reports of child abuse and neglect may result in temporarily removing children from the home when necessary while the family works to restore stability. Workers offer support services to help families with problems before they become too severe. Expect counseling and regular visits with families where there is a risk of child abuse or neglect.

CPS - Child Protection Services – Protects children who are at risk of abuse or neglect while making every effort to keep families intact. Child Protection Services also offers referrals for counseling for families, training for adoptive or foster parents and licensing services for child welfare agencies.

CSU - Crisis Stabilization Unit - 14-bed secure inpatient unit operated by MHC

CST - Child Study Team - the evaluation team at a school that determines need for placement in special education programs after evaluation

Cultural Competence – understanding and appreciating the differences in each family, from thoughts, speech, actions, customary beliefs, social forms and material traits of a racial, religious or social group. It also affects age, national origin, gender, sexual orientation or physical disability. From an organizational standpoint, it is understanding the societal mandates of each agency and appreciating their differences. Indices include: training, technical assistance, assessment, board development, Human Resources (including recruitment and retention, and promotion and development), and leadership and management diversity

DACCO – Drug Abuse Comprehensive Coordinating Office - Substance Abuse provider - member of Interagency Management Team at the Children's Board

DCF - Department of Children and Families – Florida agency providing funding for services for child welfare, mental health, substance abuse, adult and economic assistance

Depression – a psychiatric diagnosis described as mood disorder characterized by feelings of sadness, loneliness, despair, low self-esteem, worthlessness, withdrawal from social interaction, and sleep and eating disorders

DJJ - Department of Juvenile Justice is the Florida agency responsible for services to juvenile delinquents and those who have broken laws

D/O - Disorder

DX – Diagnosis

EBD - Emotional or Behavioral Disorder – characteristics and behaviors that include hyperactivity, aggression/self-injurious behavior, withdrawal, immaturity, and learning difficulties. Children with more serious emotional disturbances may exhibit distorted thinking, excessive anxiety, bizarre motor acts, and abnormal mood swings.

EH - school acronym indicating **Emotional Handicap** - emotional concerns that result in behaviors that interfere with a child's educational process. Their EH child's behavioral difficulties are more frequent and more serious than those of other students. The behaviors range from withdrawal and isolation to acting out and aggression. They are evident across various settings as well as over time.

EMH - school acronym indicating **Emotionally and Mentally Handicapped** – a child unable to achieve at school because of emotional concerns and developmental problems. Sometimes the developmental lags or disabilities are undetected.

ESE - Exceptional Student Education - Department of the Hillsborough County Public Schools that oversees special education, including SED and EH

Family-Centered – A method of service delivery that focuses on the needs of the entire family, not just the “target” child.

Family Support Plan – (see Case Management) – A plan developed by the family with the assistance of a case manager. The plan is aimed at identifying the child and family’s assets, needs, access other services and funding sources

FASST - Family And School Support Team - provides case management, family advocates and individualized services planning for children at risk of emotional/behavior problems

FHP - Florida Health Partners, Inc. –contractor with AHCA for the Medicaid Prepaid Mental Health Plan that covers mental health services for Medicaid recipients. In Hillsborough County, services are provided by MCH, Northside and ValueOptions

Fidelity – Alignment with a specific philosophy or treatment modality

FMHI - Louis De la Parte Florida Mental Health Institute (a college of the University of South Florida) - Department of Child and Family Studies--contractor with THINK for evaluation activities

FOF - Federation of Families for Children’s Mental Health

HKI - Hillsborough Kids Inc. - the “lead agency” for community based care (CBC) in Hillsborough County

Individual Evaluation – Discipline specific diagnostic testing conducted by a trained or licensed professional. Provides more intensive, specific study of a specific issue

Information and Referral – Maintain information about resources in the community, link people who need assistance with appropriate service providers, provide information about agencies and organizations. Be readily available; assist the person to determine which resources are needed; provide referral, may include follow-up to ensure contact

IEP - Individual Education Plan - required school plan for all children receiving special education or ESE services

Impulsiveness – Irresponsible or reckless behavior

Individualized Treatment Plan – a plan designed for each child or family. The treatment provider develops the plan with the family and identifies the child and family’s strengths and needs. It establishes goals and details appropriate treatment and services to meet his or her special needs

Interventions – actions taken to treat a disorder

I Team - Intervention Team – “first response” team at a school that develops strategies with teachers and school staff for children having behavioral difficulties

JAC - Juvenile Assessment Center - a central booking facility for all Hillsborough County youth who are arrested

JARF - Juvenile Addictions Receiving Facility - a detox facility for youth who are determined to be in need of immediate stabilization due to substance abuse

LOS - Length of Stay

Medipass – state Medicaid program covering some families and children who meet criteria and do not choose a HMO for health or mental health coverage

MHC - Mental Health Care, Inc. – a provider agency and the largest community mental health center in Hillsborough County. It serves central Tampa and eastern and southern Hillsborough County

Mood Disorders – a psychiatric diagnostic category that includes disturbances in mood, usually deep sadness or indifference, excitement or irritability, such as depression

Neuropsychology – the study of brain functions and the thinking process

Northside Mental Health Center - a community mental health center and provider agency in Hillsborough County. Serves primarily northern Hillsborough County

Obsessive-Compulsive Behavior – a psychiatric diagnosis characterized by persistent ideas or desires that lead to repetitive, purposeful behaviors that are difficult to control

OCD - Obsessive Compulsive Disorder – (see obsessive-compulsive behavior) a psychiatric diagnosis

ODD – Oppositional Defiant Disorder - a psychiatric diagnosis of a pattern of disobedient, hostile, and defiant behavior towards authority figures. To be defined as such, the pattern must persist for at least six months and must go beyond the bounds of normal childhood misbehavior

Panic Attack – Basic part of panic disorder, experienced by nearly one out of 14 people at least once during lifetime. It typically begins between young adulthood and the mid-30s. Evidenced by feelings of intense fear that can occur “out of the blue” in places or situations that would not upset most people.

Pervasive Developmental Disorders – a group of symptoms that involve impairments in several areas of development. These neurocognitive and psychological impairments often include difficulties in initiating and/or maintaining social relationships, problems in the appropriate development of receptive and expressive communication skills, and deficiencies in maintaining socially acceptable behaviors, interests and activities.

Program and System Evaluation – Formal qualitative or quantitative processes that determine the degree to which and/or assist the program or system to meet its goals and objectives

Psychosis/Psychotic – refers to a state of mind that is characterized as being “out of touch” with reality. Can include visual or auditory hallucinations.

Psychostimulants – stimulant medications used to treat psychiatric or mental disorders

Psychotropics – medication or chemicals that result in changes in thinking, behavior and emotion

Psychotic – the state of being completely out of touch with reality

Safety Plan – a clear plan of action developed by the family of a child with SED and the case coordinator so that the family will know how to prevent emergencies or get the help needed at any time

SAMHO – Substance Abuse Mental Health Office - is a program of the Florida Department of Children and Families. It acts as mental health authority in Florida which is eligible to receive federal funds

Screening – First step of process to determine child and/or family needs. Serves a triage function to ensure children and/or family reaches an appropriate level of assessment or intervention

SED - school acronym indicating **Seriously Emotionally Disturbed**. The federal definition (IDEA/Public Law 105-17) identifies SED as existing when a child displays one of more of the following symptoms over an extended period of time: 1) difficulty learning, not explained by an identified learning disorder or other condition; 2) difficulty building or maintaining satisfactory interpersonal relationships with teachers and other students; 3) displays inappropriate behaviors or feelings; 4) exhibits general depression or anxiety; 5) shows physical symptoms, such as a strong fear of school

Sedation – Producing sleep or sleepiness

SEDNET - SED Network - funded by the Florida Department of Education to provide coordination between schools, children with SED and their families, and community providers who serve them; contract manager for THINKids

Stimulants – a class of medications that activate the nerves that serve as messengers and connect with multiple organs in the body

Strengths-Based – those qualities that children with SED and their families possess -- such as interests, likes, abilities and family activities – which give a case coordinator an idea how the family's life looks when things are going well.

SOC - System of Care – a comprehensive spectrum of mental health and other necessary services which are organized into a coordinated network to meet the multiple and changing needs of children and adolescents with serious emotional disturbances and their families

Systems Navigator – (see **Case Coordinator**)

TA - Technical Assistance – the act of providing consultation, training and peer networking opportunities to help nonprofit staff and boards build their organization's capacity to deliver services effectively, manage their resources prudently, and involve their community

TANF – Temporary Assistance to Needy Families; economic funding to families who meet poverty-eligibility requirements

THINK - Tampa Hillsborough Integrated Network for Kids – a program of the Children’s Board of Hillsborough County that funds services and supports for a system of care for the county’s children, ages 0-21, with serious emotional disorders and their families. It is funded through the Federal Center for Mental Health Services.

THINKids – a pilot independent case management program developed to implement a system of care approach with seriously emotionally disturbed youth and their families in Hillsborough County. THINKids employs systems navigators to coordinate the various services needed by families and is managed by SEDNET/Healthy Start

Wraparound - an individualized planning process care plan for a child and family, building upon their strengths and natural supports. Wraparound includes the child and family’s strengths, goals, needs, options, services and safety plans.

YAP - Youth Advocate Program, Inc. – a provider agency funded by THINK to provide therapeutic mentors and other advocacy services to teens with SED